



BOGNOR REGIS SWIMMING CLUB

STATEMENT REGARDING DRUGS, SPORT & DOPING

The use of performance enhancing drugs is cheating.

They are associated with serious medical complications and above all their use is illegal.

A number of our swimmers have asthma and whilst the majority of drugs used for asthma are perfectly legal, they are only legal when used by inhaler.

All swimmers who have asthma must declare their use of inhalers with the Amateur Swimming Association.

In Britain any registered competitor may be tested for drug abuse. Very young competitors tend not to be tested. However testing has occurred at the National Age Group Championships.

Lists of prohibited substances and doping control rules can be obtained from the World Anti-Doping Agency (WADA).

Further information about drug testing can be found at www.uksport.gov.uk

WADA - www.wada-ama.org

ASA - www.britishswimming.org

May 2005