

## BRSC - SUSSEX COUNTIES 2009



**BACK ROW LEFT TO RIGHT** - RICK CLARK, JOSH ALDOUS, SAM WEBB, GEORGE LANEY & NICK SALERNO  
**SECOND ROW**- ROSEMARY MILLER & GEORGINA HIGHFIELD  
**THIRD ROW**- ELLIE FOX, DARCY CUNNINGHAM- STOCKDALE & ABBEY ROWE  
**FRONT ROW**- WILL YOUNG, JAMES MILLER & ELLA PORTER

Six days of racing, through February and March, produced some fine results from the 16 Bognor swimmers who entered the competition at the K2 pool in Crawley.

Nick Salerno came 1<sup>st</sup> in six events: 200m Fly in (2min 18.05s), 200m I M (2m19.08s), 200m Breaststroke (2m36.22s), 50m Fly (27.89s), 100m Breaststroke (1m12.39s) and 100m Fly (1m02.53s). Josh Aldous won three events: 50m Breaststroke (31.47s), 100m Breaststroke (1m11.94s) and 200m Breaststroke (2m35.23s). George Laney won the 100 Freestyle in a time of 55.53s. Sam Webb came second in the 200 Breaststroke (2m37.18s) and third in the 200m Backstroke.

The four boys then went on to win the County Junior 4 x 50metre Freestyle relay in 1m42.85s and the 4 x50m County Junior Individual Medley relay with a blistering time of 1m55.23s, beating the nearest team by over 5 seconds. This is the first time Bognor has won these cups,

since they were first awarded in the 1920's. Rick Clark swam in several events gaining a PB in the 100 IM in a time of 1m10.70s and Roman Mikhaylenko, first time at the counties, achieved PB's in the 100 Backstroke, coming 8th, plus 7<sup>th</sup> place in the 200m Backstroke in a time of 2m47.07s.

The younger boys, competing for the first time, were Will Young who swam in several events, getting a 3<sup>rd</sup> place in the 50m Fly and 2<sup>nd</sup> in the 200m IM in a time of 3m26.38s. Leon Young swam in the 100m Backstroke and achieved a time of 1m26.83s.

James Miller, who swam in several events, achieved a 2<sup>nd</sup> in the 50m Breaststroke and a first in the 200m Breaststroke in 3m47.30s.

Katie Addison swam in several girls open events, swimming in several finals, achieving 6<sup>th</sup> place in the 100m Backstroke and 200m Backstroke finals. Georgina Highfield swam in several events and finals. Her best place was 5<sup>th</sup> in the 100m Breaststroke and 100m Fly finals. Rosemarie Miller swam several events and finals, achieving 6<sup>th</sup> place in the 100m Backstroke in a time of 1m15.64s.

The younger girls competed very well, with Ellie Fox achieving a time of 22.18.37 in 1500m Freestyle, a PB, along with PB's in the 100m and 200m Breaststroke. Darcy Cunningham-Stockdale was in several finals achieving 8<sup>th</sup> place in the 100m Backstroke and Breaststroke finals and 6<sup>th</sup> place in the 400m IM in a time of 6m02.88s. Abbey Rowe did very well, making several finals, achieving 4th place in the 200m Fly in 3m00.29s and 4<sup>th</sup> in the 400m IM in a time of 6m01.03s. Our youngest swimmer in her first counties was Ella Porter, getting into two finals, her best being the 50m Backstroke, achieving 4th place with a time of 43.86s.

Finally, all the swimmers would like to thank their coaches, Chris Adams and Sue Eason, for all their hard work and help in getting them to the standard where they can compete at a high level.

**Mark Webb**